

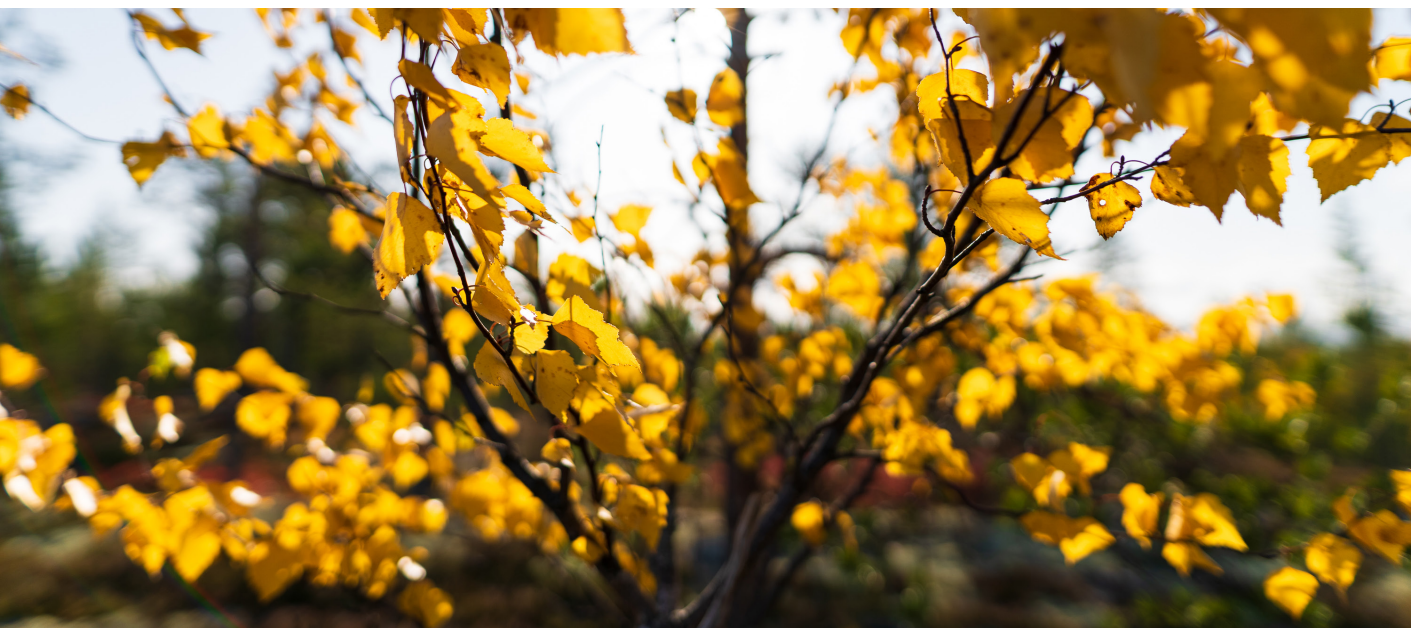
Green Care Lectures & Training Content Teach the Wellbeing Impacts of Nature



Health and wellbeing effects of nature are more and more interesting for people. They can be utilized in various travel, recreation, care, and rehabilitation services. Studying the wellbeing impacts and applying them in care and health services (Green Care) is a broad domain. Luke has been involved in this work for a long time. We offer lectures and training content, all backed up by research results.

Customer benefits

Luke has strong expertise in methods based on nature and animals. This is achieved by combining research results with experiences from practical development. Lectures and training content can be utilized by companies and communities, which want to develop Green Care methods either in their own organizations or towards their customers. Training content is suitable for example for social services or healthcare organizations. Trainings are tailored to meet the customers' needs.



Services

Training content based on the Green Care method can be lectures, courses, videos, webinars, written materials, or for example podcasts.

Example topics:

- What is Green Care?
- How does the nature have impact on wellbeing and health?
- For whom are the nature-based activities targeted?
- How to get methods based on nature or animals as part of one's own work?

The complete package can contain one or more lectures or other training materials..

Why Luke?

Our continuing research together with broad professional networks enable you to always have the latest findings at your disposal. We are a noteworthy pioneer in research on various nature-based wellbeing effects.

Luke has been involved in introducing the Green Care concept in Finland and been developing the concept already for a long time. We have taken part in creating the Green Care service system and quality control tools such as Green Care certificates and the associated documentation.

Luke's development projects have trained social services and healthcare organizations, as well as piloted nature-based methods for their customers.

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